

<b>BOOKING FORM</b>			
<b>SWIMMER DETAILS:</b>			
FIRST NAME:		SURNAME:	
HOUSE NO/NAME:		POSTCODE:	
Male ( <input type="checkbox"/> )	Female ( <input type="checkbox"/> )	Date of birth: dd/mm/year      /      /	Age on day of camp:
Swim Club:		Level of ability (please circle the <b>highest</b> that has been achieved to date): Club / County / Regional / National S-Category (if applicable) _____	
(please complete this) 50m best time Frontcrawl:		(please give us a 50m best time of <b>ONE</b> other stroke) 50m time      Fly / Back / Breaststroke	
<b>EMERGENCY CONTACT:</b>			
Parent/Guardian Name:		Mobile No:	
Email(for confirmation/correspondence):		Relationship to child:	
<b>CAMP BOOKED: (PLEASE GIVE LOCATION &amp; DATE)</b>			
<b>MEDICAL OR OTHER INFORMATION:</b>			
Please list any illness, injury or medication we should be aware of (eg diabetes, asthma, allergies). Please also add here any swimming information you would like us to be aware of.			
<b>HOW DID YOU HEAR ABOUT US? (PLEASE X BOX):</b>			
MFSA Website ( <input type="checkbox"/> )    Friend ( <input type="checkbox"/> )    Swim Club ( <input type="checkbox"/> )    ASA ( <input type="checkbox"/> )    Twitter ( <input type="checkbox"/> )    Facebook ( <input type="checkbox"/> )			
Attended a previous camp ( <input type="checkbox"/> )      Other( <input type="checkbox"/> ):_____			
I have read and agree with the Terms and Conditions (on the next page) and I believe the information given above is correct to the best of my knowledge.			
Signature of parent/guardian (if swimmer is under 18): <i>Typed signatures are accepted when attached to an email by the parent/guardian</i>		Date:	
Signature of swimmer (if swimmer is <b>over</b> 18):		Date:	

This booking form must be completed and returned by email to [ali@idailyworkout.com](mailto:ali@idailyworkout.com)  
OR post to: iDailyWorkOut Ltd, Troubridge House, Troubridge Road, Helston, Cornwall, TR13 8DQ

**Cost: £95.00** per 1 day camp. **Payment to be made to idailyworkout Ltd** through the MFSA.co.uk website. Should you have any issues please contact Ali at the above email address.

**Payment ref no:** \_\_\_\_\_ **Surname of payee:** \_\_\_\_\_

## Swim Camp Terms and Conditions.

1. Bookings. All bookings can only be taken via receipt of a completed booking form AND payment. Places will be allocated on a first come first served basis.
2. Payments. All payments should be received at the time of booking.
3. Cancellations. In exceptional circumstances we may have to cancel a camp. In the event of cancellation a full refund will be given or alternative course date offered.
4. Refunds. Can only be given if written cancellation notice is received at least 14 days before the start of the camp (a £10 admin fee will be payable). If notice is less than 14 days, 50% of course fee will be retained. Please note that should the swimmer be taken ill we cannot offer a refund (we may however look to rebook at a later date, depending on each individual case).
5. Timetables. These may be subject to change.
6. Photographs/videos. Please be aware that MFSA may wish to take individual and group photographs/videos of those swimmers attending swim camps for our promotional material (website, local press and/or social media). We do so in accordance with the ASA good practice guide policy. By signing the booking form it is assumed that permission for photographs is given unless stated otherwise when booking or at registration on the day.
7. Liability. Please make sure everything has your name on it. We cannot take any responsibility for the damage or loss to personal belongings that are brought on site.
8. Data protection. Your personal information will be held securely by MFSA and used in accordance with the Data Protection Act 1998. We will not distribute the information to any third parties. We may contact you with relevant opportunities and information which we think may interest you. Please inform us if you wish to opt out of our mail list at any stage.
9. Health and fitness. By signing the booking form you have agreed that the swimmer taking part is medically fit to partake in strenuous exercise. MFSA must be made aware of any conditions, medical or health related that may prevent this.
10. Medical information. I give my permission for MFSA to seek medical advice and/or treatment for the swimmer taking part in an emergency and in the event that I cannot be contacted. MFSA is unable to administer any forms of medication during your time on a day camp.